



PAIN AND SLEEP Therapy Center

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Welcome to the Pain and Sleep Center! I am honored to be part of such an important time in your child's life. Working as a team, we are here to understand your concerns and provide you and your child care that is comprehensive, conservative, and compassionate. Your family deserves the best and it is our mission to provide world class care in a collaborative setting.

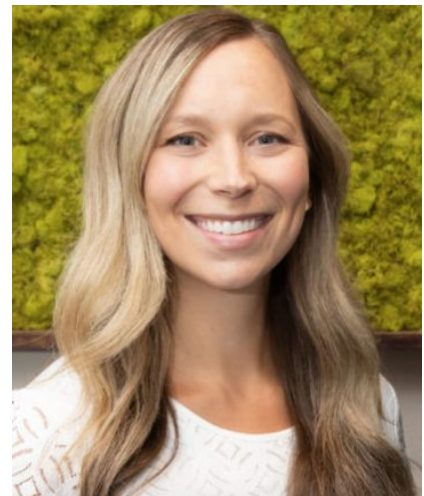
My journey started from a very personal place, with my second daughter being tongue and lip tied. After her release, things settled down and we fell into a new, improved and healthier routine. I began to think of how many parents have traveled down this path without guidance or support and were feeling overwhelmed. I knew that as a mother and a dentist, I had the ability to transform this stressful procedure into one that was more manageable. I hope to give families the guidance, support, and follow through that we don't typically see in everyday medicine.

I have changed the trajectory of my career from a General Dentist to an Airway Centric Dentist and have taken hundreds of hours of advanced courses and certifications to be a well-rounded and growth focused provider for infants and children. We know that feeding, breathing, and growth issues at a young age, without intervention, can cause much more involved and serious health concerns at a later age. Understanding this full circle approach allows us to be on the forefront of preventative healthcare rather than reactive healthcare.

In order to best serve my patients, I have focused my specialty training to include:

- Infant laser frenectomy
- Pediatric myofunctional therapy
- Pediatric craniofacial and airway growth and development
- A.L.F. growth appliance provider

My goal is to hear and understand your concerns and offer interventions that can change the trajectory of your child's life for the better. No one treatment is the same and I will take the time to uncover the root cause of your concerns. Thank you again for taking the first step towards a healthier tomorrow!



Kind regards,
Joanna G. Green